

UPPER STOUR VALLEY

(SECTION OF THE STOUR VALLEY PATH)

Sections 1-3

NEWMARKET

STETCHWORTH

GREAT AND LITTLE BRADLEY

KEDINGTON (NEAR HAVERHILL)

STURMER



TIMETABLES

Leaflets of the buses and train services shown on the map are available FREE from local tourist information centres, council offices, libraries etc or by post from:

Passenger Transport, Suffolk County Council
Endeavour House, 8 Russell Road
Ipswich, IP1 2BX

E: passenger.transport@et.suffolkcc.gov.uk
or visit www.suffolkonboard.com

UPDATES

Buses and train services can change at short notice, so it's advisable to check times before setting out:

Traveline: 0871 200 2233
National Rail enquires: 0845 748 4950
www.nationalrail.co.uk
or 'one' 0845 600 7245 www.onerailway.com

For further information about the area, visit the Dedham Vale AONB and Stour Valley Project website www.dedhamvalestourvalley.org

August 2007

Suggested Walk Plans

Walk One

START from Haverhill, get BUS 225 to Newmarket Bus Station.
WALK to Kedington 15 miles from the High Street.
Then BUS 345/346 back to Haverhill. (Note these buses do not run on Sunday)

Walk Two

START from Kedington walk 15 miles to Newmarket High Street.
Then BUS 225 to Haverhill.
Then BUS 344/345 back to Kedington.
Or use 'one' from Newmarket Station. (Trains call at Dullingham)

Walk Three

START from Newmarket Clock tower, walk 4.9 miles to Stetchworth.
Then BUS 47 back to Newmarket.

Walk Four

START from Haverhill, walk to Little Thurlow 2 miles.
Then BUS number 225 back to Haverhill.

TRAVEL TIPS

Walking time

Allow about 2 miles per hour, but add on time if you want to make use of any of the excellent pubs and refreshment places in villages along the route. Please park considerably if you are planning a 'park-ride walk back to your car' itinerary. Better still, do your bit for the environment and the rural economy by leaving your car at home and use public transport.

Newmarket Race Course

This bus stop saves the two mile road walk from Newmarket town centre. Services 11 and 12 Cambridge – Newmarket run 6 days a week.

For buses to and from Newmarket Race Course, check with Stagecoach for times - Tel: 01223 423554

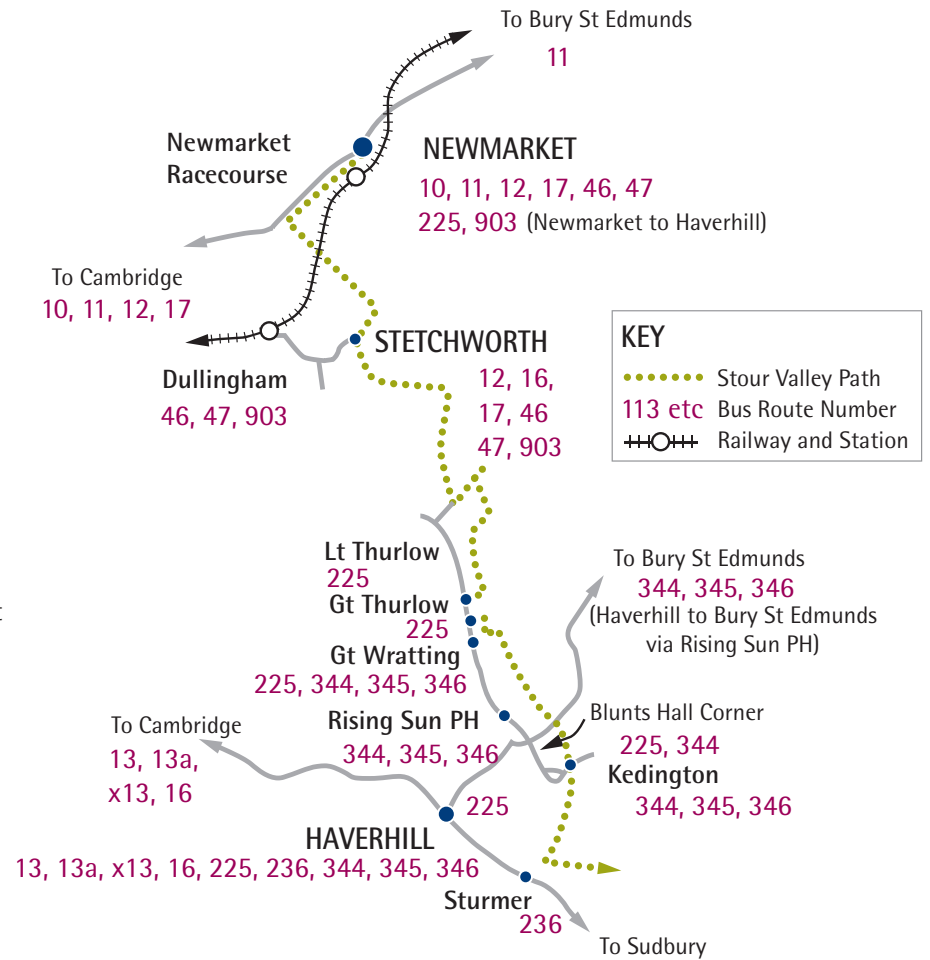
Cambridge Youth Hostel is near to the Railway Station for trains and Bus Service 11 and 12 to Newmarket. Service x13 stops about half a mile from the hostel.

Buses

Buses are unlikely to stop to pick up or set down at intermediate stops unless the driver is asked to do so.

Trains

Trains make scheduled stops as advertised.



WALK PLANNER (MILES)

NEWMARKET Clock Tower (Near Rookery Bus Station 3/4 mile)					
2.1	NEWMARKET Race Course (Near National Stud, junction of A1303/A1304. GR 618613)				
4.9	2.8	STETCHWORTH Marquis of Granby PH (Dullingham Rail Station 2 miles by Road)			
9.3	7.2	4.4	GREAT BRADLEY Bridge (Near Fox Bus Stop)		
13.5	11.4	8.6	4.2	GREAT WRATTING Street (Bus Stop 1/4 mile)	
15.1	13.0	10.2	5.8	1.6	KEDINGTON Barnardiston Arms PH (Haverhill Bus Station 2 1/2 miles by path)
16.9	14.8	12.0	7.6	3.4	1.8 STURMER Stour Valley Path. GR 704439 (Memorial Bus Stop 1/2 mile)

Use the walk planner chart to decide where and how far you want to walk, then look up a bus or train to get to the start point of your walk.