



River Stour towards Bures

A scenic route along the river Stour with the touring route passing through Sudbury. There are some steep hills which may test you, but the route takes you through unspoilt villages with beautiful views of the valley.

The route starts  in the village of Bures, where there is limited parking at the railway station and another car park off the Nayland Road. From the railway station follow the road under the railway line and then take the Colne Road.

You'll soon pass Bakers Hall , a grade II listed timber frame property with parts dating back to the 16th century. The Hall has connections to the Garrad family (John Constable's Grandmother was Judith

Garrad) and the Bures and District Cricket Club played here until the early 1920s.

Taking the lane to Horne's Green you pass Peyton Hall and head towards Alphamstone. Here you'll find the picturesque St Barnabas Church , a stone and flint building that dates from the 12th century.

The route then takes you out of the village in the direction of Henny Street, where the pub is a great place to stop for a drink. Just before you reach Henny Street however, the touring and short routes split with the touring route heading towards Sudbury and the short route turning towards the village of Lamarsh.

The short route now enjoys good views across the river Stour. Just as you approach Lamarsh you will see the pretty Holy Innocents Church , which is grade I listed and dates back to 1140. Leaving the village the short route returns to Bures.

The touring route follows the valley floor towards Ballingdon and Sudbury. Ballingdon was home to two large brickworks, from where bricks were transported down river to Mistley Quay by lighters (barges). Sudbury is an ancient market town dating back to Saxon times. There are many fine buildings in Sudbury so it is worth stopping to explore. One of the most significant buildings is Gainsborough House , which dates back to 1500 with the Georgian façade being built by the father of Thomas

Gainsborough. The house was the birthplace of the famous artist and is now a museum. It displays the largest collection of Gainsborough's paintings in Britain.

Leaving Sudbury the route heads towards Cornard and then off the main road towards Little Cornard, where the route takes you past Cornard Mere , now a nature reserve.

Following the lane you come to All Saints Church at Little Cornard , a pretty and secluded stone and brick church dating back to the 14th century. The route then returns to Bures via quiet country lanes.

REFRESHMENTS

Various public houses in Bures, cafés and public houses in Sudbury, public houses in Lamarsh and Henny Street

TOILETS

Public toilets in Sudbury



Gt Henny tower

KEY TO MAP

TOURING ROUTE

19.1 miles (moderate to hard)

SHORT ROUTE

9.8 miles (moderate to hard)

START/FINISH POINT

Bures railway station



VIEW POINT



1

Bakers Hall
(private but can be viewed from the road)

2

Alphamstone Church
(open)

3

Lamarsh Church
(open)

4

Gainsborough's House Museum
(open)

5

Cornard Mere
(Nature reserve managed by
Suffolk Wildlife Trust, open)

6

Little Cornard Church
(open)

